

## Specific Uses and Benefits of Low Stakes Writing

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### Low Stakes Writing In Class:

- 5-10 minutes of writing at the start of class to help students bring to mind their homework reading or lab work or previous lectures.
- 5-10 minutes in mid class when things go dead--or to get students to think about an important question that has come up.
- 5-10 minutes at the end of class or lecture to get them to think about what's been discussed.
- 5 minutes at the end of class to write *to us* about what they learned that day: what was the main idea for them? what was going on for them during that class? This helps them integrate what they've heard, and if we collect it, we learn what's getting through and what isn't.

If I have students in a new class who will resist the idea of writing that I don't collect, I start off collecting it for a few sessions, but I stress that I won't grade or comment; I'll just check to make sure they used the writing to explore the topic. Sometimes I take a few more moments to have students read these pieces aloud to a partner or small group. This way, I can teach them that it's not a waste of time write in a low stakes exploratory way. After a few sessions like this, I can stop collecting and let these pieces be entirely private--or just for sharing with others. Students learn and I don't have to read.

### Low Stakes Writing Out of Class:

Many teachers require students to keep a journal of informal and probably personal reflections to readings and classes. The goal is to get students to connect what they are studying with the rest of their experience, thoughts, and feelings. Some teachers read journals; others treat them as private and just check that students are writing. It can be productive to get students to trade journals weekly with a peer--perhaps for a response, perhaps not. Some students have a hard time connecting with journal writing; they feel it's useless and artificial--especially if no one else reads it. Teachers sometimes ask instead for a weekly *letter* to a classmate or friend in which they reflect on the course material.

### Benefits of Low Stakes Writing

**1. To help students stay involved in the course.** Regular low stakes assignments get students to keep up with the assigned reading every week. When students put off the reading till exams or major papers, they learn less from discussions and lectures--and class goes dead.

**2. To improve students' high stakes writing.** In their high stakes writing, they often struggle in nonproductive ways and produce terrible and tangled prose. Their low stakes writing is usually livelier, clearer, and more interesting--in spite of any carelessness and mistakes. I've almost never seen a piece of low stakes writing I couldn't easily understand, but I've seen lots of high stakes writing that students have worked very hard on--and found it impenetrable.

**3. To help our commenting.** With frequent low stakes pieces, we don't have to grade or comment on any writing till they are already warmed up and fluent. And when we've already *seen* a number of their low stakes pieces, we don't have to panic when they turn in a high stakes essay that is tangled or impenetrable. We can just say, "Come on. You can write all this in the clear lively voice I've already seen you using."

**4. To help students be active learners,** not passive receivers. It helps students involve themselves in the ideas and subject matter of the course. During a lecture or discussion, there are usually only a minority of minds in the room that are active. During low stakes writing, virtually all minds are actively processing the ideas of the course.

**5. To help students find their own language for the issues of the course:** their own analogies and metaphors for academic concepts. Learning a discipline means learning its discourse, but it also means learning *not* to use that discourse. Students don't really know a field until they can write and talk about the material in their *own* lingo--in their informal, "home" or "personal" language that is saturated with experience.

**6. To help students be more adventuresome and questioning.** When students write for a grade, they tend to play it safe—making large generalizations and running away from what they are not sure of. Low stakes writing leads them to explore perplexity—something they need not only for the sake of learning but for the sake of greater conceptual depth in their finished essays.

**7. To help us understand how our students are learning.** Low stakes writing gives us a better view of how students are understanding the course material and reacting to our teaching—how their minds are working. We can see interactions between their thinking and their feelings—and how course material relates to other realms of their life.

**8. To help students learn to write with full attention to their thinking.** Many students have never experienced writing with *full attention* to their thoughts. Their writing has always been for a grade, and much of their attention has gone to worries about mistakes in language, spelling, or wording.

**9. To help students learn meta-cognitive thinking.** There's a special application of low stakes writing to math and science courses—and to problem solving in general: asking students to write the story of the steps their minds went through as they tried to solve a problem. It helps their thinking for students to share these meta-cognitive stories.

**10. To help students learn to talk to themselves.** It's a prime mark of wise and educated persons to be able to pursue a train of thinking inside their own heads—with no one else to talk to. Private low stakes writing helps students learn this valuable skill.

**11. And don't forget: low stakes writing takes little of our time and expertise.** We can require it but not grade it. We can read it but not comment on it. In many cases we don't even need to read it. Yet we can get students to read each other's informal pieces--and (if we want) discuss them.

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